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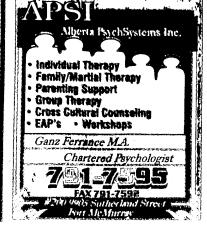
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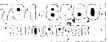
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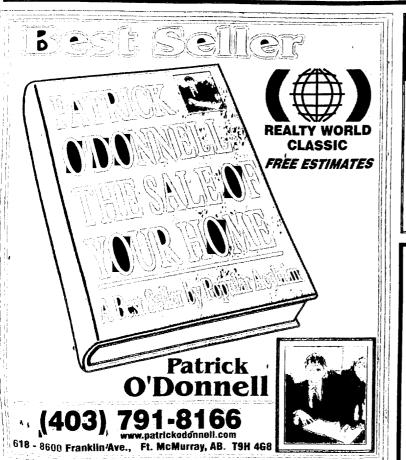
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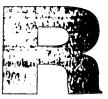
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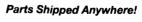
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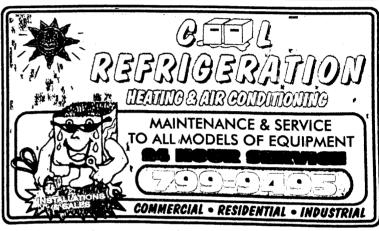
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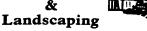
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Fort McMurray, AB

Renovations & Home=Improvements (Cont'd)

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157 Community Lane-----Fort McMurray 743-5723

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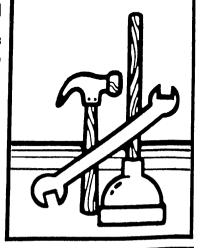
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11/1

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8118 Manning Av ------Fort McMurray 743-5217 (Please see our Display Ad Previous Page)

Edmonton (No Charge Dial) ------1-800-563-2726 (Please see our Display Ad This Page)

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200 MacLennan Cr.......FTMM 791-0118

Skyreach Equipment Ltd 320 Mackenzie Blvd ------Fort McMurray 790-2700 (Please see our Display Ad This Page)

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Northern Reprographics 309 9608 Franklin Av ------Fort McMurray 743-2747

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Gibson Petroleum Co Ltd
UTF Project -----Fort McMurray 743-1382

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Lloyd Lake Lodge
Box 6129 ------Fort McMurray 791-4042

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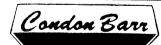
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A & W 10025 Franklin Av--Fort McMurray 743-2226 300 Thickwood Blvd -----Fort McMurray 791-2227 Peter Pond Shpg Cntr -----Fort McMurray 791-5098

Lounge -----

10018 Franklin Av -----Fort McMurray 799-4911
Auntie Babe's Kitchen
9317 Huggard St -----Fort McMurray 743-3080

Blimpie Subs & Salads 9613 Franklin Av ---Fort McMurray 799-3989 (Please see our Display Ad Page 202)

Blue Diamond Restaurant 384 Silin Forest Rd ------Fort McMurray 791-1800

(Please see our Display Ad Page 202)

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743-8181 743-8179 (Lounge Only) slander Inn **BUSINESS HOURS**

Use Yellow Pages Index

DINING & COCKTAIL LOUNGE (est. 1965) CHINESE & WESTERN CUISINE

Monday - Saturday 11:00 AM - Midnight Sunday & Holidays 11:00 AM - 10:00 PM

GROUP DINNERS

1. TAHITI DINNER

Egg Rolls Sweet & Sour Ribs **Beef Chow Mein** Chicken Fried Rice

Minimum 2 Persons or More Required

2. KAHALA DINNER

Egg Rolls Sweet & Sour Pork Chicken Chow Mein Deep Fried Shrimps Chicken Fried Rice Minimum 2 Persons or

More Required

3. ISLANDER DINNER

Egg Rolls **Dry Garlic Ribs** Sweet & Sour Chicken Balls Deep Fried Shrimps Beef with Mixed Vegetables Special Fried Rice

Minimum 4 Persons or More Required

COMBINATION DINNERS

DINNER A

Egg Roll Sweet & Sour Ribs Chicken Chop Suev Chicken Fried Rice

DINNER B 5.

Egg Roll Deep Fried Shrimps **Sweet & Sour Ribs** Chicken Chop Suey Chicken Fried Rice

6. **DINNER C**

Egg Roll Deep Fried Shrimps Sweet & Sour Chicken Balls Chicken Chop Suev Chicken Fried Rice

CHEF'S SPECIALTIES

- 7. Ku Bo Gai Ding
- 8. Crispy Ginger Beef/Chicken
- 9. Honey Ginger Beef
- 10. Beef Manchurian Hot Pot
- 11. Chicken Hot Pot
- 12. Seafood Hot Pot
- 13. Islander Hot Pot

APPETIZERS

- 15. Deep Fried Garlic Chicken Wings
- 16. Spicy Chicken Wings
- 17. Deep Fried Wonton
- 18. Egg Roll (1)
- 19. Egg Rolls (4)
- 20. Tidbits

SOUP

- 22. Chinese Noodles w/Chicken, Beef or Pork
- 23. Wonton
- 24. Hot & Sour

SEAFOOD

- 25. Deep Fried Shrimps (Battered)
- 26. Pineapple Sweet & Sour Shrimps (Battered)
- 27. Sweet & Sour Shrimps (Battered)
- 28. Almond Har Ding (Diced)
- 29. Prawns with Vegetables and Cashew Nuts
- 30 Prawns with Tomato
- 31. Prawns with Pea Pods (Seasonal)

CHICKEN DISHES

- 32. Almond Gai Ding (Diced)
- 33. Almond Soo Gai (Battered)
- 34. Chicken with Vegetables & Cashew Nuts (Diced)
- 35. Honey Garlic Chicken Wings
- 36. Lemon Chicken (Battered)
- 37. Moo Goo Gai Pan
- 38. Pineapple Sweet & Sour Chicken Balls
- 39. Sweet & Sour Chicken Balls

BEEF DISHES

- 40. Beef & Green
- 41. Beef & Broccoli
- 42. Beef & Green Peppers in Black Bean Sauce
- 43. Beef & Tomatoes
- 44. Beef & Pea Pods (Seasonal)

PORK & RIBS

- 45. Sweet & Sour Ribs
- 46. Dry Garlic Ribs
- 47. Honey Garlic Ribs
- 48. Sweet & Sour Boneless Pork
- 49. Sweet & Sour Sauce

ORIENTAL RICE NOODLES & EGG NOODLES

- 50. Cantonese Chow Mein
- 51. Prawns Chow Mein
- 52. Shredded Chicken Chow Mein
- 53. Shredded Pork Chow Mein
- 54. Singapore Fine Rice Noodles
- 55. Home Style Fine Rice Noodles
- 56. Beef w/Broad Rice Noodles
- 57. Beef w/Broad Rice Noodles in Black Bean Sauce
- 58. Shanghai Chow Mein

CHOW MEIN (Bean Sprouts)

- 59. Chicken Chow Mein
- 60. BBQ Pork Chow Mein
- 61. Beef Chow Mein
- 62. Mushroom Chow Mein
- 63. Shrimps Chow Mein
- 64. Special Chow Mein

CHOP SUEY

(Broccoli, Celery, Onion Baby Corn, etc.)

- 65. Chicken Chop Suev
- 66. BBQ Pork Chop Suev
- 67. Beef Chop Suev
- 68. Mushroom Chop Suev
- 69. Prawns Chop Suev
- 70. Special Chop Suey
- 71. Stir Fried Mix Vegetables

EGG FOO YONG

- 72. Chicken Egg Foo Yong
- 73. BBQ Pork Egg Foo Yong
- 74. Mushroom Egg Foo Yong
- 75. Shrimps Egg Foo Yong

CURRIES

- 76. Beef Curry
- 77. Chicken Curry
- 78. Prawns Curry

RICE

- 79. Chicken Fried Rice
- 80. BBQ Pork Fried Rice
- 81. Beef Fried Rice
- 82. Mushroom Fried Rice
- 83. Prawns Fried Rice
- 84. Shrimps Fried Rice 85. Special Fried Rice
- 86. Steamed Rice

CHINESE BUFFET

MON - FRI 11 AM - 2 PM FRI - SAT 5 PM - 9 PM SUNDAY 5 PM - 8 PM

FREE DELIVERY

CATERING AVAILABLE

- PICK UP ORDERS -

10% off Orders Over \$15.00

ON ORDERS OVER \$10.00 - DOWNTOWN \$15.00 - ABASAND \$20.00 - ALL OTHER AREAS (effective until May '99)

點 DIM-SUM 心

Saturday & Sunday 11:00 am - 2:30 pm

#200, 8706 FRANKLIN AVE., FORT McMURRAY, AB **PLAZA ONE MALL**

ISLANDER INN RESTAURANT

Contents subject to change without prior notice due to improvement

(B:111/1E/SE E()()()

IL SANDS KITCHEN

COMBINATION PLATES For One Person

#1

Egg Roll

S & S Chicken Balls

Chicken Fried Rice

#2

S & S Ribs

Chicken Fried Rice

Beef Mixed Vegetables

#3

S & S Pork

Beef with Mixed Vegetables

Deep Fried Shrimps

Chicken Fried Rice

#4

Egg Roll

S & S Chicken Balls

Honey Garlic Ribs

Sliced Chicken with Vegetables

Chicken Fried Rice

#5

Egg Roll

Deep Fried Shrimps

S & S Chicken Balls

Chicken Fried Rice

Sliced Chicken & Mixed Vegetables

200

formerly 新光源SUN KUANG RESTAURANT





FAMILY DINNERS

DINNER FOR TWO

2 Egg Rolls Chicken Mixed Vegetables Sweet & Sour Pork Deep Fried Shrimps Chicken Fried Rice

DINNER FOR FOUR

4 Egg Rolls Cantonese Mixed Vegetables Honey Garlic Boneless Pork S & S Chicken Balls Special Fried Rice Deep Fried Shrimps (8)

DINNER FOR SIX

6 Egg Rolls Cantonese Mixed Vegetables Lemon Chicken, Beef Broccoli Sweet & Sour Ribs Shrimp with Cashew Nut Special Fried Rice

Chef's Specialties

	Hunan Shrimps (Palace Style).
L	General Tso's Chicken
l	Ginger Beef or Ginger Chicken
ı	Szechuan Style Shredded Pork
l	Tofu with Prawns
l	& Mixed Meats
	Shrimp & Chicken in
۱	Hot Garlic Sauce
	Shrimp & Pork, Hunan Style
1	Beef with Ginger
į	& Green Onion
	TAKE OUT &

Sliced Chicken w/Satay Sauce				
Szechuan Beef Stir Fried				
Sliced Chicken Szechuan Style				
Garlic Delight				
Lemon Chicken				
Scallops & Beef				
New York Steak Dinner				
Steak Sandwich Dinner				
Hot Hamburger Dinner				
Chicken Breast Dinner 80z				

DELIVERY ONLY

Located In The Oil Sands Hotel 10007 Franklin Avenue, Fort McMurray, Alberta

CHOW MEIN Western or Cantonese

Shrimp Chow Mein Beef Chow Mein Chicken Chow Mein Pork Chow Mein

Pan Fried Rice Noodles in Sova Sauce w/Beef Cantonese Chow Mein Singapore Fried Rice Vermicelli Shanghai Style Fried Noodles

MIXED OR CHOP

Chicken, Reef BBQ Pork. Mushrooms Plain, Mixed, Specials American Chop Suey Shrimps

FRIED RICE

Chicken, B.B.Q. Pork Beef. Mushroom, Shrimps Special. Steamed

BEEF Beef with Chinese Greens

Beef with Broccoli Beef with Tomato Beef with Green Peppers Beef with Curry Onions Reef with Bean Sprouts

PORK & SPARERIBS

Sweet & Sour Boneless Pork Sweet & Sour Ribs Dry Garlic Ribs or Pork Honey Garlic Ribs Peking Style Pork Chop B.B.Q. Pork with Broccoli Side Order Sweet & Sour Sauce

EGG FOO YONG

Plain or Mushroom Chicken or Beef B.B.Q. Pork or Shrimps or Special

Sweet & Sour Chicken Balls Pineapple Chicken Balls Curry Chicken with Vegetables Breaded Almond Chicken Hawaiian Pineapple Chicken Almond Chicken with Diced Vegetables

CHICKEN

Sliced Chicken with Mushrooms Chicken w/ Black Bean Sauce

S & S Shrimps Plain Fried Shrimps in Lobster Sauce Plain Fried Shrimp in Tomato Sauce Scallops Cantonese Curry Shrimps Deep Fried Shrimps with Mushroom and Vegetables Pan Fried Shrimps, Scallops & Squid

Deep Fried Shrimps

Tidbits or Seafood Tray Large Fancy Egg Roll Deep Fried Wonton Fried Chicken Wings (10) Hot & Spicy Chicken Wings

SIDE ORDERS

Cheeseburger with Fries Hamburger with Fries Fish & Chips (3) Fried Chicken Dinner with Fries Club House Sandwich French Fries or Onion Rings Chicken Fingers with Fries

SOFT DRINK

Coke, Sprite, Orange Root Beer, Ginger Ale, Pepsi

SOLIP

Wonton Soup Noodle Soup - Chicken, Beef or Pork Hot & Sour Soup

FREE DELIVERY on orders over \$15.00 - Downtown All other areas over \$20.00 10% OFF on pick-up order over \$15.00

FREE DELIVERY on Orders Over \$15 Downtown Over \$20 to All Other areas Prices effective until May '99 **GST** not included

Try our exciting chicken with the special recipe.

2 pieces of chicken, bun & fries. Single Dinner.....\$5.50 3 pieces of chicken, bun & fries. **Family Pack** 9 pcs. chicken & buns......\$12.50 12 pcs. chicken & buns......\$15.75 15 pcs. chicken & buns......\$19.75 20 pcs. chicken & buns.....\$24.75

Dinner for Two\$15.75 6 pces, chicken, med, macaroni salad, med. coleslaw, med. fries. med. gravy & 2 dinner rolls.

Dinner for Four.....\$28.50 12 pces. chicken, family macaroni salad, family coleslaw, family fries, med. gravy & 4 dinner rolls.





Chicken Nuggets 6 pce. pak 9 nce. pak.... 20 pce. pak (Choice of BBQ or Sweet & Sour Dip) Chicken Fingers & Fries\$5.75 Chicken Burger with Fries..... .\$5.75 Fish & Chips (3)\$4.75 Hot Wings (12)\$6.50 Value Pak\$18.75 12 pces. chicken, buns, family fries and med. gravy.

Manager's Special\$26.75 15 pces. chicken, family fries, family gravy, family coleslaw & buns.

House Special\$35.50 20 pces. chicken, family fries, family gravy, family colesiaw & buns.

Fries	
Small	
Medium	\$2.25
Family	.\$3.95
Colesiaw	
Small\$.75 Med\$2.25 Family	.\$3.50
Macaroni Salad	
Small\$.75 Med\$2.25 Family	.\$3.50
Potato Salad Small\$.75 Med\$2.25 Family	¢3 E0
	.00.00
Gravy	
Small\$.75 Med\$1.50 Family	.\$2.25
SOFT DRINKS	

790-03 10007 FRANKLIN AVE.

Chow's Special Dinners (minimum 2 or more persons)

-: PEARL DINNER :-

Appetizer Egg Roll

- Entrees
 - · Sweet & Sour Spareribs

LOUNGE

- Chicken Chop Suey
 Chicken Fried Rice

-: JADE DINNER :-

Appetizer

- Egg Roll & Dry Garlic Spareribs
- **Entrees**
- Sweet & Sour Boneless Pork with Pineapple
- Beef & Broccoli
- · Chicken & Mushroom Fried Rice

-: DIAMOND DINNER :-

Appetizer ·

- Egg Roll, Barbecue Pork & Dry Garlic Spareribs
- **Entrees**
- . Sweet & Sour Spareribs Crushed Almond Chicken
- . Barbecue Pork & Mushroom
- Chop Suey . Young Chow Fried Rice

Egg Foo Yong

- ★ Shrimp Egg Foo Yong
- ★ Barbecue Pork Egg Foo Yong
- ★ Mushroom Egg Foo Yong
- ★ Chicken Egg Foo Yong

Combination Plates

- Egg Roll Sweet & Sour Spareribs
- Chicken Fried Rice

- #2
 Sweet & Sour Chicken Balls
- · Beef & Broccoli
- Chicken Fried Rice

#3

- Sweet & Sour Spareribs
- Deep Fried Prawns
- Barbecue Pork Chow Mein
- Chicken Fried Rice

Appetizers & Soups

- ★ Won Ton Soup
- ★ Crispy Egg Roll (Single)
- ★ Deep Fried Won Ton
- ★ Deep Fried Chicken Wings (3)
- ★ Side Order of Sweet and Sour Sauce

Chop Suey

- ★ Young Chow Chop Suey
- ★ Chicken Chop Suey
- ★ Barbecue Pork Chop Suey

- ★ Braised Prawns & Onion with Tomato
- ★ Butterfly Prawns
- ★ Fried Prawn Balls with Vegetables
- ★ Curried Prawns with Vegetables

Chicken

- ★ Diced Chicken with Almonds & Vegetables
- ★ Diced Chicken with Cashew Nuts & Vegetables
- ★ Crushed Almond Chicken
- ★ Sweet & Sour Chicken Balls
- ★ Moo Goo Gai Pan
- (Chicken & Mushroom with Vegetables) ★ Curried Chicken with Vegetables
- ★ Lemon Chicken

Fried Rice

- ★ Young Chow Fried Rice
- * Shrimp Fried Rice
- ★ Chicken Fried Rice
- ★ Mushroom Fried Rice
- ★ Barbecue Pork Fried Rice
- ★ Bowl of Steamed Rice

Beef

- * Beef & Fresh
- Tomato
- ★ Beef & Green Peppers
 - ★ Beef & Broccoli
 - ★ Beef & Chinese Green (Beef & Bok Choy)
 - ★ Ginger Beef

AVE. ⋛ -RANKLIN FRASER AMP QUEEN ST.

Chow Mein & Fried Rice Noodles * Young Chow Chow Mein

- * Fried Rice Noodle with Beef & Green Pepper Black Bean Sauce
- Fried Rice Noodle with Beef & Bean Sprout
- Fried Fine Rice Noodle Singapore Style
- Cantonese or Western Style ★ Chicken Chow Mein
- * Beef Chow Mein * Barbecue Pork Chow Mein

Spareribs & Pork

- * Sweet & Sour Spareribs
- ★ Dry Garlic Spareribs * Honey Garlic Spareribs
- * Sweet & Sour
- Boneless Pork
- ★ Barbecue Pork & Broccoli





DAILY SPECIALS

Free Delivery In Down Town On Orders \$10.00

In Other Areas Over \$20.00 (Eff. Until May '98) (Before)



Authentic Chinese



FORT McMURRAY





BUSINESS HOURS

202

Sunday & Holidays 3pm--11pm Mon. To Thurs. 11am--12Midnite Fri. 11am--1am Sat. 3pm--1am



APPETIZERS
Egg Roll (1)
Deep Fried Wonton
Deep Fried Chicken Wings
Tidbits
Mini Egg Rolls (12)
Hot & Spicy Chicken Wings
Honey Garlic Sauce
Sweet & Sour Sauce Gravy

SOUP

Wonton Soup Chicken or Beef Noodle Soup Hot & Sour Soup (S) Wor Wonton For (4)

RICE
Plain Fried Rice
Chicken Fried Rice
Beef Fried Rice
Pork Fried Rice
Mushroom Fried Rice
Beef & Tomato Fried Rice Shrimp Fried Rice Special Fried Rice Steamed Rice

CHOW MEIN

CHOW MEIN
Chicken or Beef Chow Mein
Pork or Mushroom Chow Mein
Shrimp Chow Mein
Special Chow Mein
Special Chow Mein
Buffet Style Chow Mein
Canton Style Pork Chow Mein
Canton Style Pork Chow Mein
Canton Style Prawn Chow Mein
Singapore Noodle
CHOP SUEY
(Mixed Vegetables)

(Mixed Vegetables)
Chicken Chop Suey
Beef Chop Suey
Shrimp Chop Suey
Mushroom Chop Suey
Plain Chop Suey
Special Chop Suey Almond Chicken Gai Ding



Blue Diamond Restaurant

384 SILIN FOREST ROAD THICKWOOD HEIGHTS SHOPPING CENTRE, FORT McMURRAY









PORK

Sweet & Sour Ribs Dry Garlic Ribs Honey Garlic Ribs Sweet & Sour Boneless Pork Honey Garlic Boneless Pork

BEEF
Beef & Chinese Greens
Beef & Green Pepper
Beef & Broccoli
Beef & Tomato
Beef With Oyster Sauce
Beef With Black Bean Sauce Curried Beef Beef Steak Kew

CHICKEN

Almond Chicken Soo Gai Almond Chicken Soo Gai Lemon Chicken Moo Goo Gai Pan Sweet & Sour Chicken Balls Pineapple Chicken Balls Chicken Balls With

Mushroom & Vegetables
Chicken With Black Bean Sauce
Curried Chicken
Honey Garlic Chicken Wings

SEAFOOD

SEAFUADE
Deep Fried Shrimp
Sweet & Sour Shrimp
Shrimp With Mushroom & Veg
Pan Fried Shrimp With Tomato Sauce
Pan Fried Shrimp With Lobster Sauce
Shrimp With Black Bean Sauce
Shrimp With Pea Pods
Curried Shrimp
Scallop With Black Bean Sauce

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Chicken Egg Foo Yong Mushroom Egg Foo Yong Pork Egg Foo Yong Shrimp Egg Foo Yong Special Egg Foo Yong

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- (Please Order By Number) 1. Spicy Diced Chicken (hot)
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- Spicy Sauce (hot) 3. Chicken With Pepper and
- Peanuts (hot)
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- 7. Fried Ribs in Salt & Pepper
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- 10. Shrimp With Cashew Nuts
- 11. Shanghai Chow Mein

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Hamburger Deluxe Cheese Burger Deluxe Hawaiian Burger House Special Burger (Above Orders Come With French Fries)

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Cold Turkey Cold Beef Chicken Salad Egg Salad Clubhouse Hot Turkey Hot Beef Hot Hamburger
Toasted Bacon & Tomato
Grilled Ham & Cheese
Grilled Cheese

Beef Dip Closed Denver Steak Sandwich Chicken Fingers Onion Rings French Fries

(Above Sandwiches Come With French Fries)

COMBINATION PLATES

No. I Egg Roll Chicken Fried Rice Sweet & Sour Ribs

No. 2 Chicken Fried Rice Beef Chow Mein Sweet & Sour Ribs

No. 3 Chicken Fried Rice Beef Chow Mein Honey Garlic Ribs Deep Fried Shrimp

No. 4 Chicken Fried Rice Chicken Chop Suey Sweet & Sour Ribs Deep Fried Shrimp

CHINESE BUFFET MON. TUES. WED. THURS. FROM 5:00 P.M. - 8:00 P.M. FRI. SAT. SUNDAY FROM 5:00 P.M. - 9:00 P.M.

> No. 5 Egg Roll Chicken Fried Rice Chicken Chop Suey Deep Fried Shrimp Sweet & Sour Chicken Balls

> No. 6 Egg Roll Chicken Fried Rice Beef and Broccoli Sweet & Sour Chicken Balls Deep Fried Shrimp

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Red Diamond (For 2) Egg Roll Special Chow Mein weet & Sour Ribs Chicken Fried Rice

Black Diamond (For 2) Egg Roll Special Chop Suey

Sweet & Sour Chicken Balls Chicken Fried Rice

Green Diamond (For 4) Egg Roll Shrimp With Cashew Nuts Deep Fried Shrimp Lemon Chicken Special Fried Rice

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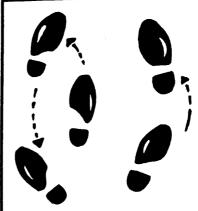
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(Please see our Display Ad This Page)

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(Please see our Display Ad Next Page) Garden Cafe The

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Bay 108 9914 Morrison St -- Fort McMurray 791-5554

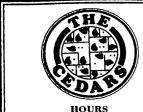
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Chicken Fried Rice

No. 7 Deep Fried Won Ton Sweet & Sour Chicken Ball Dry Garlic Spareribs Chicken Fried Rice

Deep Fried Shrimp Honey Garlic Spareribs Chicken Chow Mein

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Includes Egg Roll, Chicken Fried Rice & Additional Choice of Following: e.g. 2 persons - 2 choices of dishes. 3 persons - 3 choices of dishes

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- Chicken Chow Mein
 Beef Chow Mein
 Pork Chow Mein
 Mushroom Chow Mein
 Chicken Chop Suey
 Beef Chop Suey
 Chicken/BBQ Pork Lo Mein

- Sweet & Sour Boneless Pork

- B.B.Q. Pork Chop Suey
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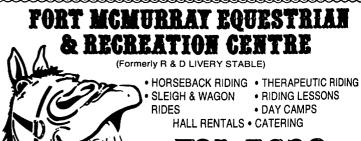
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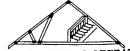
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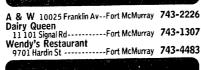
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