

Psychologists

Alberta PsychSystems Inc
9908 Franklin Av—Fort McMurray 791-7595
(See Our Display Advertisement)
Human Dynamics
108 10012 Franklin Av—Fort McMurray 791-3188
(See Our Display Advertisement)
Psychologists Association Of Alberta
400 10123 99 St—Edmonton 424-5070

APSI 791-7595

- ASSESSMENTS
- PSYCHOTHERAPY
- TESTING
- MARRIAGE COUNSELLING
- MEDIATION/COURT REPORTS
- CHILDREN, TEENS, ADULTS
- WORKSHOPS

Alberta PsychSystems Inc.

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FT. McMURRAY
LESLIE LARSEN, CHARTERED PSYCHOLOGIST
AND ASSOCIATES

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- CHILDREN, TEENS, ADULTS
- FAMILY/MARITAL THERAPY
- PSYCHOLOGICAL ASSESSMENTS
- INNER CHILD WORK
- EMPLOYEE ASSISTANCE PROGRAM

PHILLIP COUTU
CHARTERED PSYCHOLOGIST

108-10012 FRANKLIN AVE.
FORT McMURRAY

791-3188

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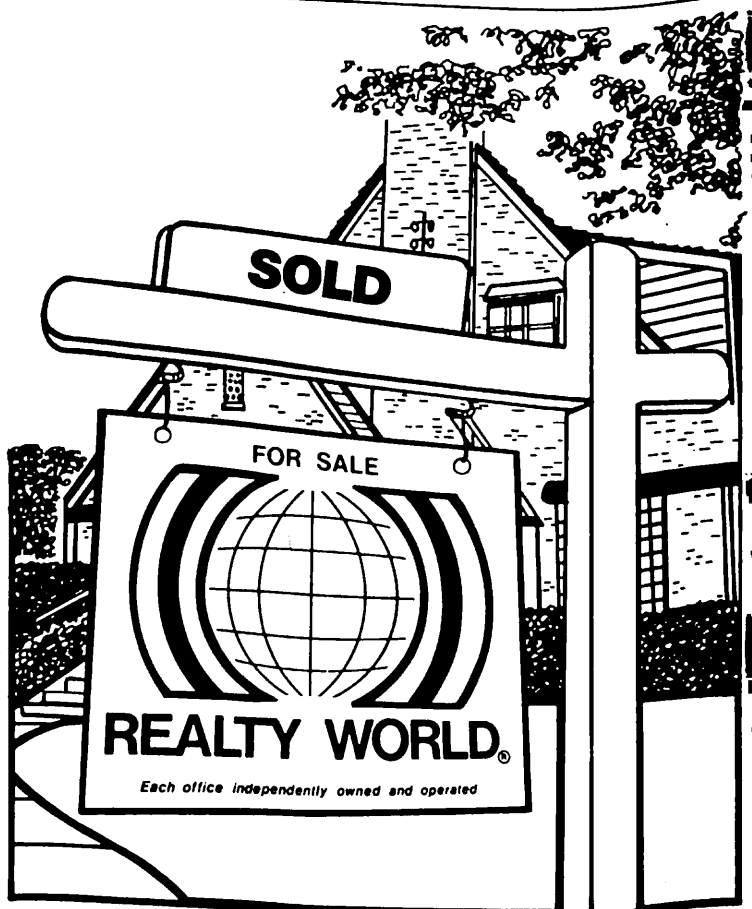
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(CONTINUED NEXT LISTING PAGE)

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EDMONTON

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Emergency Service

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UNDER THIS HEADING

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(See Our Display Advertisement)

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CASSIDY'S LTD

PERSONALIZED SERVICE & QUALITY PRODUCTS
MAJOR SUPPLIER OF CHINAWARE, GLASSWARE
SMALLWARES, EQUIPMENT
FURNITURE LINES



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Cassidy's Ltd
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"Yellow Pages" Ads Get Action

Restaurant Equipment & Supplies (Cont'd)

Condon-Barr Food Equipment Ltd
Edm (No Charge Dial) —1-800-661-3378

(See Our Display Advertisement)

KASCO FOOD EQUIP SALES & SERVICE

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R A P MAINTENANCE & REPAIR LTD

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Rapid Dustbane

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Fax Line—Fort McMurray 743-2506

RUSSELL FOOD EQUIPMENT LTD

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- Parts & Service Dept.
- China, Cutlery & Glassware
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- Quest, Hobart & Blakeslee



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ALUMINUM PIZZA PANS
HEAVY GAUGE - 8"-18" DIAMETER
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Restaurants

A Taste Of The Orient

8720 Franklin Av—Fort McMurray 790-1697

(See Our Display Advertisement)

A & W

10025 Franklin Av—Fort McMurray 743-2226

(See Our Display Advertisement)

Aaaah Pizza 73

9707 Franklin Av—Fort McMurray 799-7373

Aah Napoli Pizza

3142 Dickins Dr—Fort McMurray 743-5600

(See Our Display Advertisement)

Albert's Deli & Bar

10011 Biggs Av—Fort McMurray 743-8666

(See Our Display Advertisement)

(CONTINUED NEXT LISTING PAGE)

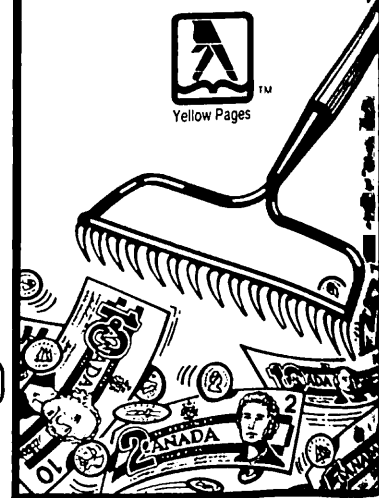
ADDITIONAL LISTINGS

... for the growing-up son or daughter, for the relative or friend who lives under your roof...what nicer thought than a separate listing in the Telephone Book?

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Yellow Pages

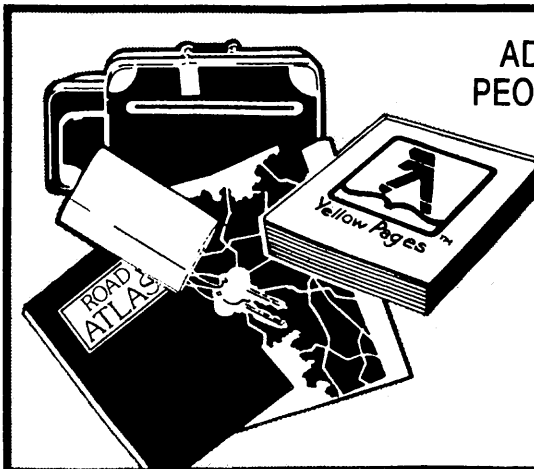


a night on the town



Look in the Yellow Pages™ for places to go, things to do.

ADVERTISE WHERE PEOPLE LOOK WHEN THEY MAKE TRAVEL PLANS



... IN THE Yellow Pages™

WE RENT MOST EVERYTHING 7 days a week.



Canada Toll Free

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AMALGAMATED FOOD EQUIPMENT

Sales & Service Ltd
NEW & USED

- RESTAURANT • BUTCHER • BAKERY
- STORE FIXTURES • REFRIGERATION • DESIGN & INSTALLATION

471-4304

6720 Yellowhead Trail
EDMONTON

Condon Barr

FOOD EQUIPMENT LTD
NEW & USED
EQUIPMENT SPECIALISTS SINCE 1959

- Well Stocked Showroom
- Design & Project Management
- Skilled Service & Parts Department
- Manufacturers of Stainless Steel Equipment

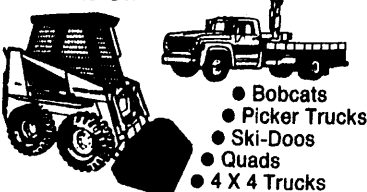
FOR SALES & SERVICE CALL

454-0432 OR NO CHARGE DIAL 1-800-661-3378

14515 - 118 AVE EDM T5L 2M7 FAX 455-9229

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Rentals Of:



- Bobcats
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- Ski-Doos
- Quads
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743-1968

AFTER HOURS 799-0630

145 MacDonald Cr., Fort McMurray

YOUNG CHOW RESTAURANT & LOUNGE

楊



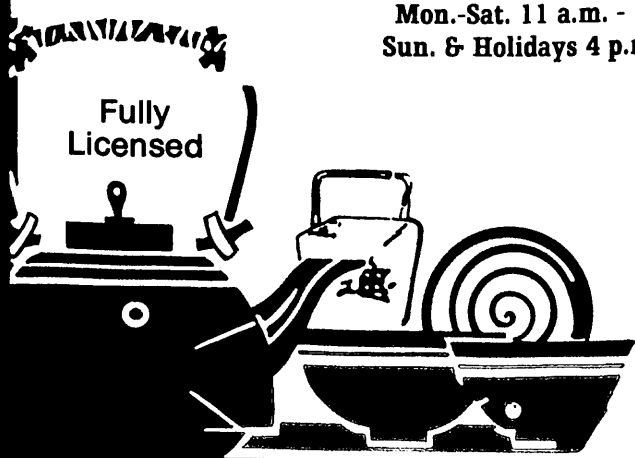
川

Authentic Chinese Cuisine

★ DINE-IN TAKE-OUT ★

CHOW'S SPECIAL DINNER	COMBINATION PLATES	CHOP SUEY	SPARERIBS & PORK
<p>minimum for two or more persons</p> <p>PEARL DINNER</p> <p>Appetizer</p> <ul style="list-style-type: none"> ● Egg Roll <p>Entrees</p> <ul style="list-style-type: none"> ● Sweet & Sour Spareribs ● Chicken Chop Suey ● Chicken Fried Rice 	<p>#1</p> <ul style="list-style-type: none"> ● Egg Roll ● Sweet & Sour Spareribs ● Chicken Fried Rice <p>#2</p> <ul style="list-style-type: none"> ● Sweet & Sour Chicken Balls ● Beef & Broccoli ● Chicken Fried Rice <p>#3</p> <ul style="list-style-type: none"> ● Sweet & Sour Spareribs ● Deep Fried Prawns ● Barbecue Pork Chow Mein ● Chicken Fried Rice 	<p>10. Young Chow Chop Suey</p> <p>11. Chicken Chop Suey</p> <p>12. Barbecue Pork Chop Suey</p>	<p>26. Sweet & Sour Spareribs</p> <p>27. Dry Garlic Spareribs</p> <p>28. Honey Garlic Spareribs</p> <p>29. Sweet & Sour Boneless Pork</p> <p>30. Barbecue Pork & Broccoli</p>
<p>JADE DINNER</p> <p>Appetizer</p> <p>Egg Roll & Dry Garlic Spareribs</p> <p>Entrees</p> <ul style="list-style-type: none"> ● Sweet & Sour Boneless Pork with Pineapple ● Beef & Broccoli ● Chicken & Mushroom Fried Rice 	<p>APPETIZERS & SOUPS</p> <ol style="list-style-type: none"> 1. Won Ton Soup 2. Crispy Egg Roll (Single) 3. Deep Fried Won Ton 4. Deep Fried Chicken Wings (3) 5. Side Order of Sweet and Sour Sauce 	<p>FRIED RICE</p> <ol style="list-style-type: none"> 13. Young Chow Fried Rice 14. Shrimp Fried Rice 15. Chicken Fried Rice 16. Mushroom Fried Rice 17. Barbecue Pork Fried Rice 18. Bowl of Steamed Rice 	<p>BEEF</p> <ol style="list-style-type: none"> 31. Beef & Fresh Tomato 32. Beef & Green Peppers 33. Beef & Broccoli 34. Beef & Chinese Greens 35. Ginger Beef
<p>DIAMOND DINNER</p> <p>Appetizer</p> <ul style="list-style-type: none"> ● Egg Roll, Barbecue Pork & Dry Garlic Spareribs <p>Entrees</p> <ul style="list-style-type: none"> ● Sweet & Sour Spareribs ● Crushed Almond Chicken ● Barbecue Pork & Mushroom Chop Suey ● Young Chow Fried Rice 	<p>EGG FOO YOUNG</p> <ol style="list-style-type: none"> 6. Shrimp Egg Foo Yong 7. Barbecue Pork Egg Foo Yong 8. Mushroom Egg Foo Yong 9. Chicken Egg Foo Yong 	<p>CHICKEN</p> <ol style="list-style-type: none"> 19. Diced Chicken with Almonds & Vegetables 20. Diced Chicken with Cashew Nuts & Vegetables 21. Crushed Almond Chicken 22. Sweet & Sour Chicken Balls 23. Moo Goo Gai Pan (Chicken & Mushroom with Vegetables) 24. Curried Chicken with Vegetables 25. Lemon Chicken 	<p>SEAFOOD</p> <ol style="list-style-type: none"> 36. Deep Fried Breaded Prawns 37. Braised Prawns & Onion with Tomato 38. Butterfly Prawns 39. Fried Prawn Balls with Vegetables 40. Curried Prawns with Vegetables
		<p>CHOW MEIN & FRIED RICE - NOODLES</p>	
		<p>WESTERN STYLE OR CANTONESE STYLE</p>	
		<ol style="list-style-type: none"> 41. Chicken Chow Mein 42. Beef Chow Mein 43. Barbecue Pork Chow Mein 44. Young Chow Chow Mein 45. Fried Rice Noodle with Beef & Green Pepper Black Bean Sauce 	<ol style="list-style-type: none"> 46. Fried Rice Noodle with Beef & Bean Sprout Soya Sauce Style 47. Fried Fine Rice Noodle Singapore Style

HOURS:
 Mon.-Sat. 11 a.m. - 12 Midnite
 Sun. & Holidays 4 p.m. - 10 p.m.



Fully Licensed

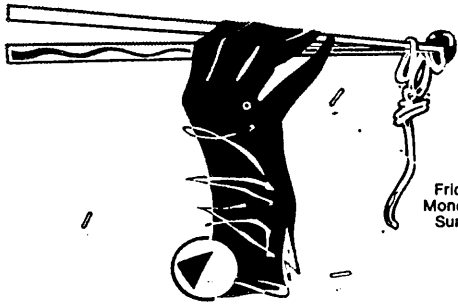
- BUSINESS LUNCHES ●
- DAILY SPECIALS ●

Free Delivery
 In Down Town
 On Orders Over \$10.00
 In Other Areas,
 Over \$20.00



791-2948 8325 FRASER AVENUE
 FORT McMURRAY

A TASTE OF THE ORIENT



VIETNAMESE, CHINESE AND CANADIAN CUISINE FULLY LICENSED

Dine-In
Take-out & Delivery
 Friday & Saturday: 11 A.M. - 12 MID.
 Monday to Thursday: 11 A.M. - 11 P.M.
 Sundays & Holidays: 4 P.M. - 9 P.M.



You Choose Your Own Combination Among 30 Dishes

- Egg Rolls Or Spring Rolls
- Deep Fried Wonton
- Wonton Soup
- Sweet & Sour Chicken Balls Or Pork Balls
- Deep Fried Shrimp
- Dry Garlic Ribs Or Chicken
- Sweet & Sour Spare Ribs
- Honey Garlic Ribs, Chicken Or Pork Balls
- Fried Rice With Mushroom, Chicken, Beef, Pork
- Pan Fried Egg Noodle With Chicken, Pork, Beef Or Shrimp
- Chicken, Beef Or Pork Chop Suey
- Beef Broccoli Or Beef & Greens
- Whole Almond Chicken
- Chicken, Beef Or Mushroom Egg Foo Young
- Beef & Black Bean Sauce
- Cantonese Chow Mein
- Deep Fried Or Stir Fried Szechwan Beef
- Singapore Noodle
- Curry Chicken, Beef Or Shrimp
- Power Chicken
- Crushed Almond Chicken
- Lemon Chicken
- B.b.q. Pork Mixed Vegetables
- Chicken Or Beef Mixed Vegetables
- Chicken, Beef Or Pork Rice Noodle
- Chicken Crispy Noodle
- Beef Saute In Vietnamese Style
- Beef Vegetables In Sweet & Sour Flavour (Vn Style)
- Koo Loo Pork

- APPETIZERS**
 DEEP FRIED SHRIMP CHIPS
 DEEP FRIED EGG ROLLS
 DEEP FRIED SPRING ROLLS
 DEEP FRIED WONTONS
 SM. DRY GARLIC RIBS
 LG. DRY GARLIC RIBS
 CRISPY BEEF
 SM. DRY GARLIC CHICKEN
 LG. DRY GARLIC CHICKEN
 SHRIMP SALAD ROLLS
 PORK SALAD ROLLS
- SOUPS**
 SOUP OF THE DAY
 WONTON SOUP
 HOT & SOUR SOUP
- SALADS**
 TOSSED SALAD
 SMALL CAESAR SALAD
 LARGE CAESAR SALAD
 CRAB SALAD
- COMBINATION PLATES**
- No 1
 SPRING ROLL
 S & S SPARERIBS
 CHICKEN FRIED RICE
 CHOW MEIN
- No 2
 SPRING ROLL
 BEEF & GREENS
 CHOW MEIN
 CHICKEN FRIED RICE
- No 3
 EGG ROLL
 S & S CHICKEN BALLS
 CHOW MEIN
 B.B.Q. PORK FRIED RICE
- No 4
 EGG ROLL
 DEEP FRIED SHRIMP
 BEEF & GREENS
 CHOW MEIN
 CHICKEN FRIED RICE
- No 5
 SPRING ROLL
 BEEF & GREENS
 S & S CHICKEN BALLS
 CHOW MEIN
 CHICKEN FRIED RICE
- HONEY GARLIC CHICKEN
 HONEY GARLIC CHICKEN BALLS
 HONEY GARLIC SPARERIBS

- EGG FOO YOUNG**
 EGG FOO YOUNG
 CHICKEN EGG FOO YOUNG
 MUSHROOM EGG FOO YOUNG
 SHRIMP EGG FOO YOUNG
CHOP SUEY
 CHICKEN CHOP SUEY
 BEEF CHOP SUEY
 B.B.Q. PORK CHOP SUEY
 SHRIMP CHOP SUEY
 SPECIAL CHOP SUEY
HOT & SPICY
 SINGAPORE NOODLE
 CHICKEN ORANGE
 SZECHWAN CHICKEN
 GINGER CHICKEN
 GINGER BEEF
 - DEEP FRIED
 GINGER BEEF
 - STIR FRIED
 SZECHWAN BEEF
 - DEEP FRIED
 SZECHWAN BEEF
 - STIR FRIED
CHOW MEIN
 BEEF CHOW MEIN
 CHICKEN CHOW MEIN
 PORK CHOW MEIN
 SHRIMP CHOW MEIN
 SEAFOOD CHOW MEIN
 SPECIAL CHOW MEIN
SIZZLING
 BEEF SIZZLING
 CHICKEN SIZZLING
 PORK SIZZLING
 CHICKEN RICE SIZZLING
 BEEF RICE SIZZLING
 SPECIAL RICE SIZZLING
 SHRIMP SIZZLING

- CHICKEN**
 CHICKEN & BROCCOLI
 CHICKEN CRISPY NOODLE
 CHICKEN & MIXED VEG.
 MOO GOO GAI PAM
 CHICKEN BALLS
 WITH S & S SAUCE
 CHICKEN BALLS
 WITH PINEAPPLE SAUCE
 CRUSHED ALMOND CHICKEN
 CHICKEN
 WITH LEMON SAUCE
 WHOLE ALMOND CHICKEN
 CHICKEN WITH
 TWO KINDS OF MUSHROOMS
PORK
 SWEET & SOUR SPARERIBS
 PORK WITH BROCCOLI
 PORK WITH MIXED VEG.
 B.B.Q. PORK WITH MIXED VEG.
 SWEET & SOUR PORK BALLS
 KOO LOO PORK
CURRY
 CURRY CHICKEN
 CURRY BEEF
 CURRY SHRIMP
BIRDS NEST
 BEEF IN A BIRD NEST
 CHICKEN IN A BIRD NEST
 PORK IN A BIRD NEST
 SEAFOOD IN A BIRD NEST
SEAFOOD
 SHRIMP WITH BABY CORN
 SHRIMP WITH MIX VEGETABLES
 DEEP FRIED SHRIMP
 WITH S & S SAUCE
 WITH PINEAPPLE SAUCE
 WITH COCKTAIL SAUCE
 SEAFOOD WITH MIXED VEG.
 SCALLOPS WITH
 OYSTER SAUCE
 SHRIMP WITH
 BLACK BEAN SAUCE

- RICE NOODLE**
 BEEF - CHICKEN
 PORK - SEAFOOD
 EGG NOODLE
 PAN FRIED EGG NOODLE
 WITH CHICKEN
 WITH B.B.Q. PORK
 WITH SHRIMP
- RICE**
 MUSHROOM FRIED RICE
 VEGETABLE FRIED RICE
 BEEF FRIED RICE
 CHICKEN FRIED RICE
 B.B.Q. PORK FRIED RICE
 SPECIAL FRIED RICE
 SHRIMP FRIED RICE
 STEAMED RICE (EACH)
 CHICKEN & RICE IN A POT
 VEGETABLES
 BROCCOLI
 & OYSTER SAUCE
 BOK CHOY
 & OYSTER SAUCE
 MIXED VEGETABLES
 WITH OYSTER SAUCE
- BEEF**
 BEEF & BROCCOLI
 BEEF & GREENS
 BEEF & MIXED
 VEGETABLES
 BEEF, TOMATO
 & GREEN PEPPER
 BEEF WITH
 BLACK BEAN SAUCE
 BEEF
 WITH OYSTER SAUCE
 BEEF IN S & S FLAVOUR
 BEEF SAUTE V.N. STYLE

790-1697

8720 FRANKLIN AVENUE, FORT McMURRAY

WAKE UP TO
 BREAKFAST AT A&W!



Hours
 Mon - Thurs 8 am - 11 pm
 Fri & Sat 8 - Midnight
 Sunday & Holidays
 9 am - 11 pm

DINE-IN or DRIVE THRU PICK-UP ORDERS AVAILABLE

HOME OF FAMOUS BURGER FAMILY & CHUBBY CHICKEN

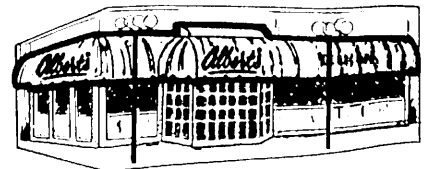
- CHILDREN'S BIRTHDAY PARTIES
- BREAKFAST MEETINGS
- FACILITIES AVAILABLE FOR PRIVATE FUNCTIONS

TWO LOCATIONS TO SERVE YOU IN FORT McMURRAY

791-5098
 PETER POND SHOPPING CENTRE

743-2226
 10025 FRANKLIN AVE.

DELI RESTAURANT & BAR



"At Albert's there are no strangers only friends we haven't met"

743-8666
 10011 BIGGS AVE.
 FORT McMURRAY

CORNER OF BIGGS AVE. & MORRISON ST.
THE FINEST IN FOODS
 FOR ALL YOUR SPECIAL OCCASIONS
 CALL *Albert's* WE CATER TO PARTIES
 OF ALL SIZES
"FINEST BARBEQUE RIBS IN TOWN"

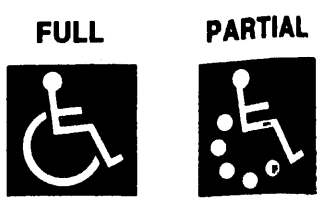
AAH NAPOLI PIZZA

HOT, FAST, FREE DELIVERY
 (ORDERS OVER \$10.00 OR \$15.00 TO DOWNTOWN. EFF. TILL DEC. '93)

A FINE SELECTION OF DELICIOUS PIZZA, CHICKEN & ITALIAN DISHES

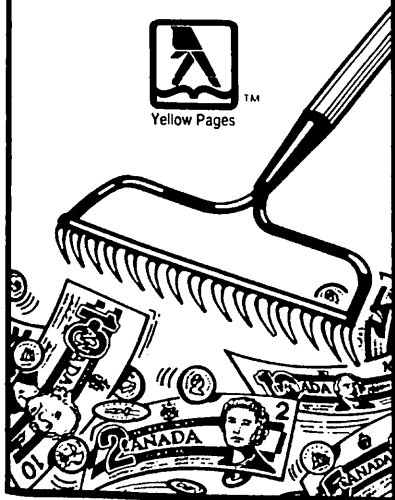
743-5600
 3-142 DICKENS DR., FORT McMURRAY

THE INTERNATIONAL SYMBOLS OF ACCESS



FIRMS DISPLAYING THIS SYMBOL HAVE BUILDINGS AND FACILITIES ACCESSIBLE TO AND USABLE BY THE PHYSICALLY DISABLED.

**RAKE
IN
THE
SAVINGS
BY
ADVERTISING
IN
THE
YELLOW
PAGES!**



Restaurants (Cont'd)

- Al's Place**
9906 Saunderson Av — Fort McMurray 743-1700
(See Our Display Advertisement)
- Athabasca Cafe & Dining Lounge**
Fort Chipewyan 697-3737
- Bangkok Kitchens**
9713 Hardin St — Fort McMurray 790-1400
(See Our Display Advertisement)
- BASKIN-ROBBINS ICE CREAM**
Thickwood Shopping Mall — Fort McMurray 790-1531
- Bertini's Pizza & Pasta**
121 Signal Rd — Fort McMurray 791-1026
(See Our Display Advertisement)
- Blue Diamond Restaurant**
384 Siin Forest Rd — Fort McMurray 791-1800
(See Our Display Advertisement)
- BOSTON PIZZA**
226 Gregoire Dr — Fort McMurray 791-0300
9914 Morrison St — Fort McMurray 743-5056
(See Our Display Advertisement)
- Brittania One**
9713 Hardin St — Fort McMurray 790-1490
- Canton Restaurant**
9707 Franklin Av — Fort McMurray 743-6111
(See Our Display Advertisement)
- Cedar Steak House**
10020 Biggs Av — Fort McMurray 743-1717
(See Our Display Advertisement)
- CHECKERS**
380 Siin Forest Rd — Fort McMurray 790-1225

(CONTINUED NEXT LISTING PAGE)

For emergencies or everyday use... **YELLOW PAGES** of your telephone directory are a quick, handy guide to products, services and repairs.



COME IN & TRY OUR SPECIALS

- FRESH PASTA
- SALADS
- SUBS & SANDWICHES
- PIZZA
- ENTREES
- HOMEMADE SOUP
- AND MUCH, MUCH MORE

LICENSED

HOURS: MON. - SAT. - 10 A.M. - 12 MIDNIGHT
SUNDAY - CLOSED
HOLIDAYS - 4 P.M. - 10 P.M.



Catering With Class — "Call the Specialists"

791-1029

791-1026

**THICKWOOD SHOPPING PLAZA
121 SIGNAL RD., FORT McMURRAY
BERTINI'S PIZZA & PASTA**

**LONG
DISTANCE
...it costs
less than
you think.**



For the Best in home cooked meals . . .



AL'S PLACE

Breakfast - Lunch - Supper
Daily Specials - Sunday Brunch Specials
Quiet, Relaxed Atmosphere

Open 6 a.m. - 10 p.m. — 7 Days A Week

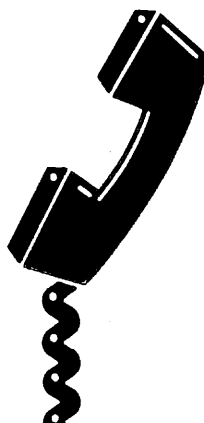
743-1700 ext. cafe

SECOND LEVEL, McMURRAY INN, 9906 SAUNDERSON AVENUE, FORT McMURRAY

**SHOP
BY
PHONE**



you'll love the results



**BANGKOK
KITCHENS**

**EAT-IN OR
TAKE-OUT**

"WE CATER TO PARTIES"

790-1400

PETER POND SHOPPING MALL
9713 HARDIN ST.
FORT McMURRAY

Blue Diamond Restaurant

FULLY LICENSED

**384 SILIN FOREST ROAD
THICKWOOD HEIGHTS SHOPPING CENTRE
FORT McMURRAY**

791-1800

**CHINESE BUFFET
FRI., SAT. & SUNDAY
from 5:00 p.m. to 9:00 p.m.**

The Best in Chinese Food
Eat In & Take Out

APPETIZERS
Fancy Egg Roll
Deep Fried Wonton
Deep Fried Chicken Wings
Tidbits

SOUP
Wonton Soup
Chicken or Beef Noodle
Hot & Sour Soup

RICE
Plain Fried Rice
Chicken Fried Rice
Beef Fried Rice
Beef & Tomato Fried Rice
Pork Fried Rice
Mushroom Fried Rice
Shrimp Fried Rice
Special Fried Rice
Steamed Rice

CHOW MEIN
Chicken or Beef Chow Mein
Pork or Mushroom Chow Mein
Shrimp Chow Mein
Special Chow Mein
Canton Style Chow Mein
Canton Style Pork Chow Mein
Canton Style Prawn Chow Mein

CHICKEN
Almond Chicken Soo Gai
Lemon Chicken
Moo Goo Gai Pan
Sweet & Sour Chicken Balls
Pineapple Chicken Balls
Chicken Balls with
Mushroom & Veg
Chicken with Black Bean Sauce
Curried Chicken
Honey Garlic Chicken Wings

**HOT & SPICY
SZECHWAN CUISINE**
(Please Order By Number)
1. Spicy Diced Chicken (H)
2. Diced Chicken with Hot & Spicy Sauce
3. Chicken with Pepper and Peanuts (Hot)
4. Honey Ginger Beef
5. Beef with Chili (H)
6. Spicy Peppering Beef (H)
7. Fried Ribs in Salt & Pepper
8. Montreal Ribs
9. Peppering Prawns (H)
10. Shrimp with Cashew Nuts
11. Shanghai Chow Mein

HAMBURGERS
Hamburger Deluxe
Cheese Burger Deluxe
Hawaiian Burger
House Special Burger
(Above orders come with French Fries)

SANDWICHES
Cold Turkey
Cold Beef
Chicken Salad
Egg Salad
Clubhouse
Hot Turkey
Hot Beef
Hot Hamburger
Toasted Bacon & Tomato
Grilled Cheese
Grilled Ham & Cheese
Beef Dip
Closed Denver
Monte Cristo
Steak Sandwich

SEAFOOD
Deep Fried Shrimp
Sweet & Sour Shrimp
Shrimp with Mushroom & Veg.
Pan Fried Shrimp/Tomato Sauce
Pan Fried Shrimp/Lobster Sauce
Almond Har Ging
Shrimp in Black Bean Sauce
Shrimp with Pea Pods
Curried Shrimp
Scallop in Black Bean Sauce
Canton Style Lobster

EGG FOO YONG
Chicken Egg Foo Yong
Mushroom Egg Foo Yong
Pork Egg Foo Yong
Shrimp Egg Foo Yong
Special Egg Foo Yong

CHOP SUEY
(mixed Chinese vegetables)
Chicken Chop Suey
Almond Chicken Gai Ding
Beef Chop Suey
Shrimp Chop Suey
Mushroom Chop Suey
Plain Chop Suey
Special Chop Suey

PORK
Sweet & Sour Ribs
Dry Garlic Ribs
Honey Garlic Ribs
Sweet & Sour Boneless Pork

BEEF
Beef & Chinese Greens
Beef & Green Pepper
Beef & Broccoli
Beef & Tomato
Beef with Oyster Sauce
Beef with Pea Pods
Beef with Black Bean Sauce
Curried Beef
Beef Steak Kew

FREE Delivery Service
THICKWOOD AREA \$10 & UP
OTHER AREAS \$15 & UP

Sunday.....3:00 P.M. - 11:00 P.M.
Mon. to Thurs....11:00 A.M. - 12 MIDNITE
Fri. & Sat.....11:00 A.M. - 1:00 A.M.



COMBINATION PLATES

No. 1	Egg Roll Chicken Fried Rice Sweet & Sour Ribs
No. 2	Chicken Fried Rice Beef Chow Mein Sweet & Sour Ribs
No. 3	Chicken Fried Rice Beef Chow Mein Honey Garlic Ribs Deep Fried Shrimp
No. 4	Chicken Fried Rice Chicken Chop Suey Sweet & Sour Ribs Deep Fried Shrimp
No. 5	Egg Roll Chicken Fried Rice Chicken Chop Suey Deep Fried Shrimp Sweet & Sour Chicken Balls
No. 6	Egg Roll Chicken Fried Rice Beef and Broccoli Sweet & Sour Chicken Balls Deep Fried Shrimp

GROUP DINNERS

Red Diamond (For 2)	Egg Roll Special Chow Mein Sweet & Sour Ribs Chicken Fried Rice
Black Diamond (For 2)	Egg Roll Special Chop Suey Sweet & Sour Chicken Balls Chicken Fried Rice
Green Diamond (For 4)	Egg Roll Shrimp with Cashew Nuts Deep Fried Shrimp Lemon Chicken Special Fried Rice
Blue Diamond (For 5)	Egg Roll Beef Steak Kew Sweet & Sour Boneless Pork Deep Fried Shrimp Almond Chicken (Soo Gai) Special Fried Rice

廣 CANTON 東 RESTAURANT

THE BEST IN CHINESE FOOD
9707 FRANKLIN AVE., FORT McMURRAY

COMBINATION DINNERS (For one Person)

No.1	Egg Roll Sweet & Sour Spareribs Chicken Fried Rice	No.2	Egg Roll Sweet & Sour Chicken Chicken Fried Rice
No.3	Egg Roll Honey Garlic Spareribs Chicken Fried Rice	No.4	Sweet & Sour Chicken Chicken Chow Mein Chicken Fried Rice
No.5	Deep Fried Shrimp Sweet & Sour Spareribs Chicken Chow Mein Chicken Fried Rice	No.6	Deep Fried Shrimp Honey Garlic Spareribs Chicken Chow Mein Chicken Fried Rice
No.7	Deep Fried Won Ton Sweet & Sour Chicken Ball Dry Garlic Spareribs Chicken Fried Rice	No.8	Egg Roll Dry Garlic Spareribs Beef Broccoli Chicken Fried Rice
No.9 Deep Fried Shrimp, Beef Chinese Green Honey Garlic Spareribs, Chicken Fried Rice			

GROUP DINNERS — FOR 2 AND MORE

Includes Egg Roll, Chicken Fried Rice & Additional Choice of Following:
e.g. 2 persons - 2 choices of dishes. 3 persons - 3 choices of dishes

- | | | |
|----------------------|--------------------------|------------------------------|
| • Chicken Chow Mein | • B.B.Q. Pork Chop Suey | • Pineapple Chicken Ball |
| • Beef Chow Mein | • Sweet & Sour Spareribs | • Sweet & Sour Chicken Balls |
| • Pork Chow Mein | • Beef Chinese Green | • Chicken Egg Foo Young |
| • Mushroom Chow Mein | • Honey Garlic Spareribs | • B.B.Q. Pork Egg Foo Young |
| • Chicken Chop Suey | • Dry Garlic Spareribs | • Mushroom Egg Foo Young |
| • Beef Chop Suey | • Beef Broccoli | |

HOURS

Sunday & Holidays 12:00 Noon - 12:00 A.M.
Monday - Thursday 12:00 Noon - 1:00 A.M.
Friday & Saturday 12:00 Noon - 2:30 A.M.

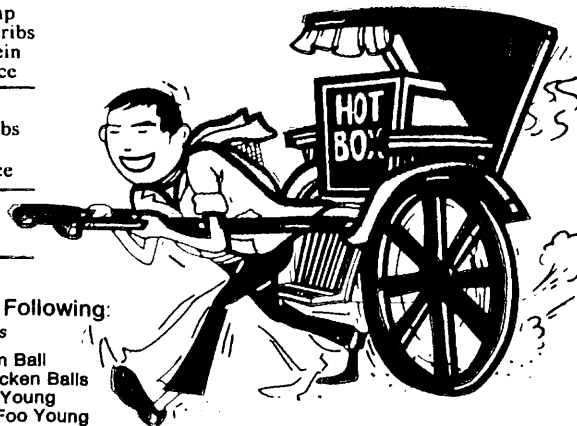


743-1400
743-6111

FREE Delivery in Downtown over \$10.00
Timberlea areas over \$20.00
In other areas minimum over \$15.00
(eff. until Dec. 1993)

Western Foods

- Chicken Burger
- Single Burger (home made)
- Cheese Burger
- Hamburger Deluxe
- Cheese Deluxe
- Grilled Cheese Sandwich w/ Fries
- Toast B.T.L. Sandwich w/ Fries
- Clubhouse Sandwich
- Hot Hamburger Sandwich
- Hot Chicken Sandwich
- Chicken Fingers & Chips
- Fish & Chips (3)
- Chicken & Chips (3)
- Onion Rings
- French Fries & Gravy



EAT-IN
TAKE-OUT
FREE DELIVERY

CHINESE FOOD DELIVERED FAST & HOT



**COCO'S SPORTS BAR
WITH A DIFFERENCE**
Darts, Pool Table,
Big Screen, Juke Box



**Dancing
& Sing-a-longs**

FULLY LICENCED

COMPLETE BREAKFAST, LUNCH,
DINNER & DESSERT MENU

790-1135

**GRILL HOURS
OPEN 7 DAYS A WEEK**

(COCO'S BAR & GRILL)

606 SIGNAL RD., FORT McMURRAY

BAR HOURS

MON. - WED. 11:00 A.M. - 1:00 A.M.
THURS. - SAT. 11:00 A.M. - 2:00 A.M.
SUN. NOON - MIDNIGHT



**RIBS · SANDWICHES · PA
Boston PIZZA · DESSERTS · SOU
SALADS · PASTA · START**

LICENSED • DINE-IN • DELIVERY



Come In. Sit Down. Enjoy.

#107 9914 MORRISON ST.
743-5056

226 GREGOIRE DRIVE
791-0300

Open 7 days a week from 11 a.m.



**STEAK
HOUSE**

**DAILY LUNCHEON BUFFET
SUNDAY BRUNCH**

MON., TUE., WED. 11 A.M. - 12 MIDNITE
THUR., FRI., SAT. 11 A.M. - 1 A.M.
SUNDAY 10 A.M. - 11 P.M.
HOLIDAYS 4 P.M. - 11 P.M.

**CEDAR STEAK HOUSE
743-1717**

FAX 743-5276
10020 BIGGS AVENUE
FORT McMURRAY



TO LOCATE AN
AUTHORIZED SALES and SERVICE
DEALER



Look in the

Yellow Pages

When you are interested in
locating the local authorized
dealer of a nationally adver-
tised product or service.



For a quiet drink
before or after dinner,
come see us in . . .
Nikitas Lounge.

Cosmos Pizza, Steakhouse & Lounge

We specialize in ...

- Steak & Seafood ●
- Italian Dishes ~ Greek Dishes ●
- Salad Bar (with plenty of salads to choose from) ●

OPEN 7 DAYS A WEEK
Sunday - Thursday ~ 11 a.m. to Midnight
Friday - Saturday ~ 11 a.m. to 2 a.m.

12-36 Riedel Street, Fort McMurray, Alberta T9H 3E1

Cosmos Pizza



We specialize in ...

**FAST, HOT
DELIVERIES
IN THICKWOOD!!**

SALADS
Greek Salad ~ Caesar Salad
Tossed Salad

- PIZZAS ●
- Lasagna ● Spaghetti ●
- B.B.Q. Chicken ● B.B.Q. Ribs ●

and the **BEST Subs and Donairs in Town!**

OPEN 7 DAYS A WEEK
Monday - Thursday ~ 11:00 a.m. to 2:00 a.m.
Friday & Saturday ~ 11:00 a.m. to 3:00 a.m.
Sunday ~ 12:00 p.m. to 1:00 a.m.

Bay 9-700 Signal Road, Fort McMurray, Alberta T9H 4V8

**FOR DELIVERIES OR RESERVATIONS CALL
790-0606 OR 790-0607**

**FREE DELIVERIES IN THICKWOOD
791-6668 OR 791-6685**

**FRONTIER
STEAK
HOUSE**

featuring the

Black Gold Lounge

● STEAK ● STEAK & LOBSTER
● GOURMET SALAD BAR

NOW OFFERS ADDITIONAL CHINESE TAKE-OUT SERVICE
15% OFF ORDERS OVER \$30.00 (eff. til DEC. 1993)
PICK-UP ONLY

Open: 11 A.M. to Midnight Mon. - Sat.
4 P.M. to 10 P.M. Sundays & Holidays

791-2000 or 791-2001

104-253 Gregoire Drive, Clearwater Plaza, Fort McMurray

Restaurants (Cont'd)

COCO'S BAR & GRILL
606 Signal Rd.—Fort McMurray 790-1135
(See Our Display Advertisement)

Cosmos Pizza
Bay 9 700 Signal Rd.—Fort McMurray 791-6668

Cosmos Pizza Steakhouse & Lounge
12 36 Riedel St.—Fort McMurray 790-0606
(See Our Display Advertisement)

DAIRY QUEEN
BRAZIER PRODUCTS
SUNDAES & NOVELTIES
CAKES FOR ALL OCCASIONS
11 101 Signal Rd.—Ftmm 743-1307

Donair & Dairy King
Plaza 11 Shopping Centre—Fort McMurray 791-5536
EARLY BIRD RESTAURANT
10 431 McKenzie

Bldg.—Fort McMurray 791-9779

FABLED TABLE CHICKEN
10202 MacDonald Av.—Fort McMurray 790-9333

Fort McMurray Airport Cafe & Lounge
Airport Terminal—Fort McMurray 743-1652

FRONTIER STEAK HOUSE
104 253 Gregoire Dr.—Fort McMurray 791-2000
(See Our Display Advertisement)

GARDEN CAFE THE
OPEN 24 HOURS A DAY
OVER 165 ITEMS TO CHOOSE FROM
9924 Biggs Av.—Fort McMurray 791-6665

GRANDMA LEE'S BAKERY & EATING PLACE
Peter Pond Shopping Centre—Fort McMurray 743-2228

(CONTINUED NEXT LISTING PAGE)

“YELLOW PAGES” Advertising
Is Like Having A Salesman
At Every Telephone.



Hours:
 Mon. - Thurs. 11 a.m. - 12 Midnite
 Fri. & Sat. 11 a.m. - 1 a.m.
 Sun. & Holiday 4 p.m. - 12 Midnite

FREE DELIVERY 4 P.M. TO CLOSE
 ON ORDERS OVER \$10.00 (Downtown)
 ALL OTHER AREAS OVER \$20.00
 10% DISCOUNT ON PICK-UP ORDERS
 OVER \$15.00

GUANGZHOU RESTAURANT

廣州酒樓

FAMOUS
 CUISINE
 OF CHINA

9925 BIGGS AVE., FORT McMURRAY
 (across from the Garden Cafe)
 Lunch buffet Mon. - Fri.
 Supper buffet Fri. - Sat. - Sun.

FULLY LICENSED



食在廣州

- Guangzhou is The Famous Cooking City Of Canton Province in China.
- Over 400 Items On Menu To Choose From. This Year We Added Many New Dishes
- We Also Cater To Parties.

COMBINATION PLATES

743-8715



NO.1 Chicken Fried Rice Egg Roll Sweet & Sour Spareribs	NO.2 Chicken Fried Rice Egg Roll Sweet & Sour Chicken Balls	TIDBITS	FAMILY DINNER 10% OFF SAMPLE: FAMILY DINNER FOR 4 PEOPLE : 4 PEOPLE CHICKEN RICE, 4 EGG ROLLS AND OTHER 4 CHOICE DISHES		
NO.3 Chicken Fried Rice Egg Roll Sweet & Sour Boneless Pork	NO.4 Chicken Fried Rice Chicken Chow Mein Dry Garlic Spareribs Sweet & Sour Chicken Balls		#1 Dry Spareribs Egg Roll Plum Sauce Chicken Fingers Deep Fried Wonton	BEEF Beef & Chinese Greens Beef & Broccoli Beef & Mixed Vegetable Beef & Green Pepper Curried Beef Beef & Tomato	EGG FOO YONG Chicken Egg Foo Yong Mushroom Egg Foo Yong B.B.Q. Pork Egg Foo Yong Beef Egg Foo Yong Shrimp Egg Foo Yong Special Egg Foo Yong
NO.5 Chicken Fried Rice Chicken Chow Mein Honey Spareribs Deep Fried Shrimp	NO.6 Chicken Fried Rice Beef Chinese Greens Sweet & Sour Chicken Balls Deep Fried Shrimp		#2 Deep Fried Shrimp Deep Fried Chopped Chicken Dry Spareribs, Egg Roll	CHICKEN Sweet & Sour Chicken Balls Diced Almond Chicken Lemon Chicken Balls - Curried Chicken Breaded Almond Chicken (Soo Gai) Sliced Chicken & Cauliflower	FRIED RICE Chicken Fried Rice Mushroom Fried Rice Beef Fried Rice B.B.Q. Pork Fried Rice Special Fried Rice
NO.7 Chicken Fried Rice Beef Chinese Greens Sweet & Sour Boneless Chicken Deep Fried Shrimp Deep Fried Chopped Chicken	NO.8 Chicken Fried Rice Beef Chinese Greens Sweet & Sour Chicken Balls Dry Garlic Spareribs Deep Fried Shrimp		#3 Deep Fried Shrimp Sweet & Sour Chicken Balls Dry Spareribs Deep Fried Wonton	SPARERIBS OR PORK Dry Garlic Spareribs - Sweet & Sour Spareribs Honey Garlic Spareribs BBQ Pork & Mixed Vegetables Sliced Pork & Mixed Vegetables Sweet & Sour Boneless Pork	SEAFOOD Deep Fried Shrimp Ketchup Shrimp Black Bean Sauce Shrimp Curried Shrimp Guangzhou Pan Fried Shrimp
NO.9 Chicken Fried Rice Beef Chinese Greens Sweet & Sour Spareribs Deep Fried Chopped Chicken Sweet & Sour Chicken Balls Deep Fried Shrimp	NO.10 Chicken Fried Rice Beef Chinese Greens Honey Boneless Pork Deep Fried Chopped Chicken Dry Garlic Spareribs Deep Fried Shrimp	#4 Deep Fried Shrimp Woohan Dry Spareribs Honey Boneless Pork Ginger Chicken Wings	SOFT NOODLE OR FUN Cantonese Chow Mein Chow Soft Noodle (Beef, Chicken or B.B.Q. Pork) Jieekong Chow Mein Szechuan Chow Mein Kongmoon Chow Rice Noodle Shanghai Chow Noodle Curry Chow Rice Noodle Curry Chow Soft Noodle Beef Chow Fun B.B.Q. Pork Chow Fun		
NO.11 Chicken Fried Rice Beef Chinese Greens Ginger Chicken Wings Guangzhou B.B.Q. Spareribs Sweet & Sour Chicken Balls Deep Fried Shrimp Egg Roll	NO.12 Chicken Fried Rice Beef Chinese Greens Honey Boneless Chicken Woohan Dry Spareribs Deep Fried Chopped Chicken Deep Fried Shrimp Egg Roll				

HOUSE OF KWAN

FULLY LICENCED FAMILY RESTAURANT

- ★ Variety Choice of Chinese & American Food
- ★ Open 6 a.m. Everyday
- ★ Free Delivery Service Available
- ★ Banquet Facilities up to 200 persons
- ★ Conference Room up to 40 persons
- ★ Located at the heart of the city

8802 FRANKLIN AVE.
 FT. McMURRAY

791-1900

B.B.Q. RIBS & CHICKEN CAESAR SALADS FONDUES

SOUPS - SANDWICHES PIZZAS - PASTAS APPETIZERS & DESSERTS

FULLY LICENSED

QUALITY - DOWNTOWN
 IN A QUIET RELAXING ATMOSPHERE
 TRY OUR NEW VARIETY MEALS (2 to 6 persons)

CATERING

DINING



PICK-UP

DELIVERY

Mon.-Thurs. 11:30 A.M. - 3 A.M.
 Fri. & Sat. 11:30 A.M. - 4 A.M.
 OPEN SUNDAYS
 Hours Subject To Change Without Notice

791-6464

10008 FRANKLIN AVE., FORT McMURRAY

FULL



WHEELCHAIR ACCESS

PARTIAL



IN YELLOW PAGES™ ADS,
 THESE SYMBOLS
 DENOTE WHETHER A
 BUSINESS IS FULLY
 OR PARTIALLY
 WHEELCHAIR ACCESSIBLE